

**February:  
Pure Love- It's God's Love**

## Opening Prayer:

Let us pray...

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Dear Lord, you created us in Your Image. We know that our bodies are a temple of the Holy Spirit. Give us the strength to make respectful choices about our bodies and others. We ask this in Jesus' name, Amen.

## Spiritual Adoption: A Reflection- Your Baby is 5-months old!

Wow! I am now 5 months old and almost 12 inches long. That is the size of a ruler! I now weigh about 1 pound. Can you believe how fast I am growing? Now my mommy can feel me moving inside of her tummy and I can recognize her voice! I am still very active. Since I am bigger now, I sometimes kick my mommy while I am in here. I don't mean to kick her, I am just very excited about the life that God has given me! Maybe one day I will play soccer. Please keep praying for me. I love you.



## Spiritual Adoption Prayer:

"Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of the unborn baby that I have spiritually adopted who is in danger."

- Prayer of Archbishop Fulton J. Sheen

**Objective:** Our bodies are Temples of the Holy Spirit and need to be respected by ourselves and others.

**Bible Verse:**

*"Do you not know that your body is a temple of the holy Spirit with you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body." 1 Corinthians 6:19-20*



**Theme:** To inspire students to believe in themselves and their self-worth to help make better life choices.

## **Did you know?**

God made each and every one of us! You are important and worthy! You can make excellent life-choices!



## Discussion:

- God created each of us in His image and likeness. He gave each of us certain gifts and talents to use for His purpose.
- We need to believe in ourselves and know that God is always with us to help us make good choices.
- Many times, we don't make the right choices because we lack belief in ourselves. It is important that we realize the value of our lives and those of our friends.
- God created us to eventually be with Him in heaven. He lives in each of us, and we are called to show respect to ourselves.
- God created each one of us for His purpose- to serve Him and others.
- Our bodies are temples of the Holy Spirit and we need to always pray to make the best choice in each situation.





## Questions?

### Write the answers in your journal.

- Read and discuss *Genesis 1:26-27*.
- What are some of your gifts and talents? What do you think God's purpose for you may be?
- How can we live according to God's will?
- What are some things that are harmful to us?
- How can we show respect for ourselves? Others?
- Why do we make bad choices at times? Does God still love us? What can we learn from these choices?
- What do bad choices do to our relationship with God? How can we mend our relationship with God after we make bad choices?
- Why is it important to believe in ourselves?

## Activity: Heart Project

- Encourage the students to think of at least 3 things that they love about themselves and three talents they possess.
- Let them know that these traits and talents were given to them by God to serve him.
- Create a heart with these things displayed inside in some way and decorate

## Discussion:

Have the students share their gifts with the class. Ask the students what they think God's purpose for their life may be using their gifts and how important these gifts are to their purpose.

*Suggestion: Give the hearts to their parents to thank them for the gift of life and their special gifts given to them by God.*



## Activity: Wedding Dress Donation

- Have the students bring in wedding dresses.
- These can be donated to organizations that use the wedding dresses to make burial gowns for precious babies that were stillborn, miscarried, or in some cases, aborted.

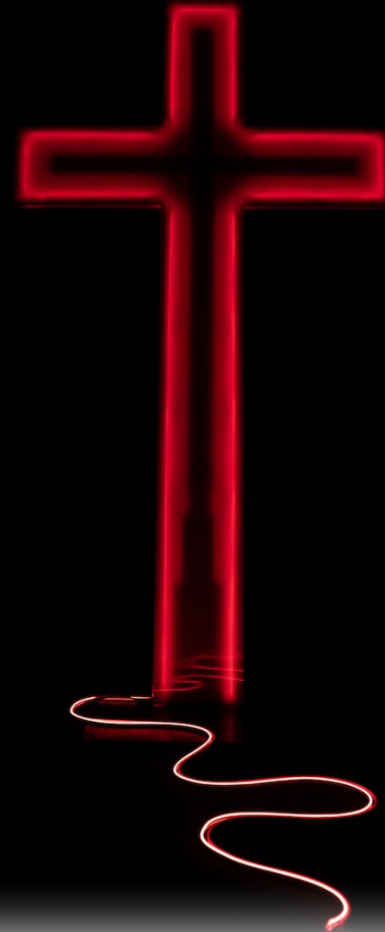




## **Closing Prayer:**

Glory be to the Father and  
to the Son and to the Holy  
Spirit, as it was in the  
beginning is now, and ever  
shall be, world without end.

Amen.

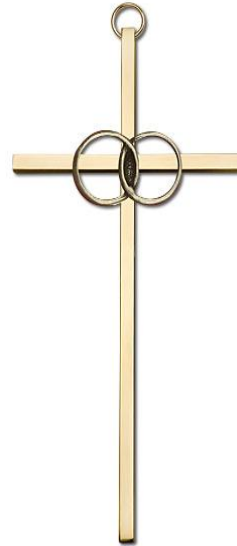


# Spiritual Works of Mercy

## Novena for February

**Let us pray...**

Dear Jesus, You tell us that man and woman were created for each other and that this is marriage. Please bless all those who are getting ready to be married and all those who are married. May they know that You created marriage to help them here on earth. May all marriages serve You and may the husbands and wives grow closer to You in their marriages. If we are to marry one day, please bless the person who will be our husband or wife. In Jesus' name we pray, Amen.



**Virtue: Temperance:** "Moderates the attraction of the pleasures of the senses and provides balance and use of created goods."

-Use or have what is necessary and not be greedy ( over indulge)-  
emotional restraint and self control

